

Recipes: P

Playdough

2 cups flour

1/2 cup salt

4 tablespoons cream of tartar*

2 cups water

2 teaspoons vegetable oil

a few drops food colouring or 2 packs kool-aid

Combine all the ingredients in a saucepan and cook over medium heat until the mixture starts to leave the sides of the pot (about 3 - 4 minutes). The mixture will be VERY sticky. Allow to cool and then knead with hands.

This playdough is non-toxic and can be kept for months in a well-sealed plastic container, preferably in the refrigerator.

* Cream of tartar is available in the spice section of some grocery stores. You can also purchase just the amount you need at bulk food stores such as Papillon Bulk Foods in Plaza Pointe-Claire.



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